

THE HEIGHTS CHILD DEVELOPMENT CENTER
TOILET TRAINING POLICY
2024-2025 School Year

Please complete the Toilet Training Policy for any child who will be three-years or older by September 1, 2024.

Children enrolled in The Heights CDC three-year-old, four-year old, and transitional kindergarten program must be toilet trained before attending preschool. Children must be wearing underwear. A child having accidents daily would not be considered toilet trained. Please note that wearing pull ups is NOT considered toilet trained.

Why do children have to be toilet trained before they begin preschool?

- There are strict standards for changing and disposing of wet or soiled diapers/pull ups and our older preschool classrooms are not equipped for this.
- When an adult is busy changing a child's soiled clothing, it takes away learning time for all students, and it removes our teachers from directly supervising and interacting with the rest of the class.

We do understand that even toilet trained children will occasionally have accidents. By definition, "accidents" are unusual incidents and should happen infrequently. In these instances, the teachers will help children to change their clothes, encouraging independence as much as possible.

A toilet trained child is a child who can do the following:

- Communicate to the teachers that he/she needs to go to the restroom before they need to go
- Alert him/herself to stop what he/she is doing, to go and use the bathroom
- Get on/off the toilet by him/herself
- Pull down his/her clothes and get them back up without assistance
- Wipe him/herself after using the toilet without assistance
- Wash and dry hands (*all children must do this*)
- Postpone going if they must wait for someone who is in the bathroom or if we are away from the classroom

We certainly will ask your child many times throughout the day if they need to use the bathroom. A teacher will assist children as needed, but children should be able to complete toileting activities independently. It is not uncommon for a child who is fully toilet trained to have a setback when he/she is in a new environment. Preschool staff are aware of this and will assist the children when necessary. Please have your child dressed in clothing that he/she can easily manage independently. Please send a complete change of clothes appropriate for the season. These should be left in the child's backpack in case of accidents. Parents will be notified if a child has a toileting accident.

We understand that each child arrives at this milestone differently, therefore we will allow 4 weeks from the first day of school for your child to demonstrate accomplishment of this goal. However, if the situation is not manageable within the classroom environment, we will discuss the issue with the parents and reserve the right to suspend attendance of the child at such time.

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A child will not be considered toilet trained for our preschool program if the child continues to consistently have toileting accidents after the first 4 weeks of school. After the first 4 weeks of school, the following policies will be in place for children who have accidents:

- If one or two accidents occur in one week, the parents will be notified with the understanding that the issue needs to be addressed and corrected.
- If three or more accidents occur in one week, the parent will be notified with the understanding that if the issue is not corrected by the end of the second week the child will have to stay home at least one week or longer until he/she is completely toilet trained.
- If multiple accidents occur in one day, the parent will be notified on that day; and if not corrected by day three, the child will have to stay home at least one week or longer until he/she is completely toilet trained.

Please note that this policy is not in place to shame or punish a child or inconvenience primary caregivers. Rather, cleaning accidents in the preschool setting is time consuming, and this time that teachers spend attending to and cleaning accidents is time that they are not spending interacting with children and facilitating the curriculum in a safe manner. This policy is intended to ensure the safety and happiness of children and staff at The Heights Child Development Center.

Thank you for your cooperation and understanding.

PLEASE SIGN AND DATE BELOW INDICATING THAT YOU HAVE RECEIVED & REVIEWED THE TOILET TRAINING POLICY AND RETURN TO THE HEIGHTS CDC.

I HAVE RECEIVED AND REVIEWED THE HEIGHTS CDC TOILET TRAINING POLICY.

CHILD'S NAME: _____ **CHILD'S DOB:** _____

PARENT'S SIGNATURE: _____ **DATE:** _____